



WELCOME

All our food is prepared in our own kitchen and we offer only the finest quality of food.

We serve breakfast for those early birds weekdays from 8:30am-11am. Get an egg on an English muffin for only \$1.99.

We serve lunch weekdays from 11am-4pm.

We're open every Thursday until 8pm for Pub Night.

If you would like us to cater to your function at Sylvester's, we would offer the use of our Café to you at no charge.

-You can also book the Café for Breakfast, Lunch, Dinner or any other special events like birthdays, anniversaries, meeting, parties, etc.-

-We require 48 hours notice to place your catering order-



Breakfast Menu

-Have a quick wholesome time-out to reflect and recollect-

Basket of Bagels

Includes jam, butter and specialty cream cheese
\$2.95 per person (minimum of 10-12 people)

Basket of Baked Goods

Variety of croissants, scones, muffins, cookies, banana bread, etc.
\$1.70 per person (minimum of 10-12 people)

Chilled Breakfast

Yogurt w/ granola & berries, fruit platter, coffee or tea, juice or water
\$9.75 per person (minimum of 10-12 people)

Breakfast at Sylvester's

Buffet Style

Scrambled eggs w/ olive oil & chives, crispy bacon or sausages, home-fries, whole grain bread, fresh fruit salad, chilled juice or water & gourmet coffee or herbal tea & your choice of pancakes or waffles.
\$14.25 per person (minimum of 20 people)

Continental Breakfast

Basket of freshly baked muffins, yogurt w/ granola topped w/ berries, fresh fruits salad & cottage cheese, fruit juice or water and gourmet coffee or herbal tea.
\$10.95 per person (minimum of 20 people)

*-We have low-fat or gluten-free muffins, fair trade or organic coffee-
-Inquire about our breakfast bag combos-*



Lunch Menu

Assorted Sandwiches

We create the best selection of specially prepared sandwiches. We offer roast beef, black forest ham, tuna salad and egg salad. All sandwiches are served on whole wheat bread or mini buns.
\$49.95 (serves of 10-12 people)

Basket of Wraps

Grilled chicken breast with basil pesto and veggie toppings or roasted eggplant w/ hummus and veggie toppings.
\$59.95 (serves 10-12 people)

Roasted Vegetable Basket

Selection of roasted red pepper, roasted zucchini and roasted eggplant with babaganouj on focaccia bread
\$52.50 (serves 10-12 people)

Sandwich and Salad Combo

\$7.95 per person (minimum of 10-12 people)

Lunch Bag Combos

(1)

Sandwich/Cookie/Soft drink

\$7.50 per person (minimum of 10-12 people)

(2)

Wrap/Cookie/Soft drink

\$7.50 per person (minimum of 10-12 people)

-If you have other lunch requests, please let us know-



Platters

(1)

**Middle Eastern platter with hummus,
babaganouj, tabouli, falafel and pita bread
\$65.00 per platter (serves 10-12 people)**

(2)

**Greek platter with vine leaves, babaganouj,
yogurt sauce and pita bread
\$65.00 per platter (serves 10-12 people)**

(3)

**“FROMMAGE INTERNATIONALE”
Platter of specialty cheeses, grapes and fresh baguette
\$55.00 per platter (serves 10-12 people)**

(4)

**Stone-ground tortilla chips with Caribbean
salsa, black bean dip and guacamole
\$55.00 per platter (serves 10-12 people)**

(5)

**“ARBRE DE FRUIT “
Platter with a bouquet of juicy and exotic fruits
\$49.95 per platter (serves 10-12 people)**

(6)

**“JARDIN DE VEGETEAUX”
Platter of fresh seasonal vegetables & homemade herb dip
\$39.95 per platter (serves 10-12 people)**



Hot Pasta Entrées

-Select from 3 delicious pasta entrées-

Penne Pasta

Topped with roasted garlic and roasted red pepper in a red wine and tomato basil sauce.

Served with garlic bread and mixed greens salad
\$9.95 per person (minimum of 15 people)

Meat Lasagna

Made with extra-lean ground beef and topped with roasted garlic and roasted red pepper in a red wine and tomato basil sauce, mozzarella and parmesan cheese.

Served with garlic bread and mixed greens salad
\$10.95 per person (minimum of 15 people)

Vegetarian Cannelloni

Stuffed with ricotta cheese and fresh baby spinach topped with a tomato basil sauce, mozzarella and parmesan cheese.

Served with garlic bread & mixed greens salad
\$10.95 per person (minimum of 15 people)

***-If there is another pasta dish you would prefer,
please let us know and we will do our best to accommodate-***



Selection of Hot Foods

Jerk Chicken, Tandori Chicken, Samosas, Lamb Kabob
Parmesan Chicken, Steak Schnitzel,
Fava beans & chickpeas in a lemon, tahina & tomato sauce,
Rice & lentils topped with a tomato basil sauce

“Please inquire about our selection of other hot dishes”

Homemade Vegetarian Soups

Enjoy the warm fragrance of the fresh herbs and vegetables.
The smooth flavours of our soups are unique and balanced.
No preservatives, fat, or artificial flavours are added.

Butternut squash, potato & leek, carrot & fennel,
baby spinach & asparagus, sweet potato & fresh thyme
\$4.25 per person (minimum 15 people)

Variety of Salads

Gathering of greens, romaine caesar, potato & pasta salad, 3-bean
salad, couscous salad, and more....
\$4.25 per person (minimum of 10-12 people)

“Our salads are served with homemade dressings”

Soup and Salad Combo

(1)

Soup and Salad Combo
\$7.95 per person (minimum of 15 people)



Hot & Cold Drinks

Gourmet coffees
Herbal teas
Fruit juices
Perrier
Bottled water
V-8 juice
Milk or chocolate milk
Variety of soft drinks
\$1.50 each

Homemade Desserts

-Choose from a variety of sweets to compliment your event-

Chocolate brownies, carrot cake, Skor bars, apple pie,
plain or chocolate cheesecake, chocolate marble cake,
pecan pie tarts, and much more....

\$2.95 (2 pieces per person)

***-If you don't see an item you are interested in ordering,
please do not hesitate to ask us-***

-Free delivery during business hours-

-Taxes not included-

www.utgsu.ca/pubcafe.html

Thank-you
Thank-you